

A Joint BADS & HCUK Conference

Day Surgery in Gynaecology

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15% group booking discount**
£100 special rate for BADS members

Thursday 20th May 2021

Virtual Conference



Chair and speakers include:

Dr Mary Stocker
*Past President BADS
Consultant Anaesthetist
Torbay & South Devon
Healthcare Trust*

Dr Stam Karavolos
*Consultant Gynaecologist
Royal Salford Hospital NHS
Foundation Trust*

Mr Peter Scott
*Consultant Gynaecologist
University Hospital Plymouth*

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This virtual conference will include access to a user friendly virtual format which will provide you with the full conference experience from your workplace or home. This will include Live and pre-recorded sessions as per the onsite programme, supporting abstracts, resources and powerpoint presentations, Interactive Breakout groups, Live Q&A sessions, Virtual networking with fellow delegates and speakers, virtual exhibitors and secure access with password protected entry exclusively for attendees and CPD accreditation as per the onsite programme.

Day surgery is now provided for an increasing range of procedures, in patients ranging from the very fit to the rather frail. It has become the standard of care for many elective surgery procedures and should be the default option for all 200 procedures within the BADS Directory of Procedures.

As the healthcare industry faces a cost predicament, it is incumbent upon healthcare professionals to identify and reduce unnecessary practices without worsening patient outcomes. The majority of patients would prefer to recover from their surgery in their home environment. This not only provides improved, comfort, sleep and catering but also reduces the risk of hospital acquired infections and VTE.

Gynaecology as a specialty has long been a front runner in reducing length of stay. However, there are only a few trusts nationally who routinely undertake laparoscopic hysterectomies and vaginal repairs on a day case basis. Chaired by Mary Stocker, Consultant Anaesthetist, Torbay and South Devon NHS Foundation Trust & Past President, The British Association of Day Surgery, this conference will hear from the teams at these trusts and learn how they implemented their day case pathways, the key to their success and how any obstacles were overcome.

In addition to moving procedures from the inpatient to the day surgery arena, there is also a national drive to undertake appropriate procedures within an outpatient setting and as such completely avoid the requirements for an operating theatre episode. Once again gynaecology teams have driven this change and we will hear how embracing outpatient surgery can transform your gynaecology service and the patient's experience. There will be an opportunity for discussion with the speakers, experts from BADS and participants from across the UK which will be of interest to those with medical and nursing backgrounds.

Key Learning Objectives

- Key components of a Day Surgery Pathway
- Patient selection for Day Surgery
- How to develop a Day Surgical Gynaecological Service
- Managing complex patients on a day case basis
- How to move aspects of your service into an outpatient setting
- Managing emergency patients through an ambulatory pathway

10.00 Chair's Welcome and Introduction

Dr Mary Stocker *Past President BADS Consultant Anaesthetist Torbay & South Devon Healthcare Trust*

10.10 Optimising your Day Case Gynaecology Pathway

Dr Mary Stocker
*Past President BADS
Consultant Anaesthetist Torbay & South Devon Healthcare Trust*

- Patient selection and suitability for day case surgery
- Planning for successful day surgery
- Developing your care pathway: what needs to be in place?

10.50 Day Case Laparoscopic Hysterectomies

Mr Jonathan Hindley
*Consultant Gynaecologist
Torbay and South Devon NHS Foundation Trust*

- Torbay Day Surgical Unit
- Case Study - Patient SC
- Day Case TLH and Hysterectomies
- GIRFT, Audit of service, and challenges going forwards

11.20 *Question and answers, followed by comfort break and virtual networking at 11.30*

12.00 Vaginal Prolapse Surgery as a Day Case Surgery

Mr Naru Narayanan
*Consultant Gynaecologist
Torbay and South Devon NHS Foundation Trust*

- Booking and pre assessment process
- Surgery techniques
- Post op procedure

12.30 Practicalities of patient preparation and discharge

Sr Alex Alen
*Senior Sister, Day Surgery
Torbay and South Devon NHS Foundation Trust*

- The importance of pre assessment for day surgery patients
- Options for patient's that do not fit the day surgery criteria
- Ensuring a safe discharge for complex patients

12.50 *Question and answers, followed by lunch break and virtual networking at 13.00*

13.45 PM Chair's Introduction

Dr Stam Karavolos
Consultant Gynaecologist Royal Salford Hospital NHS Foundation Trust

13.50 Moving procedures down the intensity gradient into the outpatient clinic

Mr Peter Scott
*Consultant Gynaecologist
University Hospital Plymouth*

- Setting up an out patient hysteroscopy / menstrual disorders one stop service including nurse clinics
- Moving operative procedures to out patients including endometrial ablation with Novasure, polypectomies/ fibroid resection with Myosure and manual vacuum aspiration for miscarriages with good analgesia
- The coding challenges faced and resolved

14.20 Running a Day Surgery Gynaecology Service

Dr Nicola Ramshaw
*Senior Registrar
Northern Deanery*

- The Vision
- Start of the Journey & MDT Approach
- Refining the Patient Journey
- Supporting the service & where we are now

15.00 *Question and answers, followed by comfort break and virtual networking at 15.10*

15.30 Emergency Ambulatory Gynaecology

Dr Theresa Hinde
*Consultant Anaesthetist
Torbay and South Devon NHS Foundation Trust
& Honorary Secretary The British Association of Day Surgery (BADS)*

- Finding the time for urgent and emergency gynaecology cases
- Experience in developing an emergency ambulatory pathway
- Lessons learned

16.00 Monitoring your outcomes in Day Case Surgery

Dr Mary Stocker
*Past President BADS
Consultant Anaesthetist Torbay & South Devon Healthcare Trust*

- Opportunities for benchmarking
- How monitoring your outcomes improves your service using the model hospital to learn from excellence

16.30 *Questions and answers followed by close at 16.45*

Day Case Surgery in Gynaecology

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Date

Thursday 20th May 2021 - virtual conference

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