

New Council Members

Tara Byott



Tara is an LTFT ST5 anaesthetic trainee. She completed her medical degree at The University of Manchester and has continued her training in the North West. Her clinical interest lies in tertiary paediatrics and she hopes to commence advanced training upon return from maternity leave. She is passionate about medical education with a particular interest in simulation training. She has recently been elected onto the AAGBI trainee committee which lead to her role as a co-opted member of the BADS council. She looks forward to working with the team and continuing the strong alliance between anaesthesia and day surgery.

Dr Matthew Checketts

I have been a consultant anaesthetist at NHS Tayside since 1998 and I work at both Perth Royal Infirmary and Ninewells Hospital and Medical School in Dundee. My clinical interests include day case paediatric surgery, trauma and orthopaedics and fast track/enhanced recovery techniques. In 2019, I was granted a 3 month clinical sabbatical which allowed me to visit 10 hospitals in the UK, US and Denmark which was a great source of inspiration as well as personally and professionally refreshing – I recommend others to explore this option. During the Covid lockdown, I started a weekly online eclectic music radio show called Heaven's Mixtape on Mixcloud that has become my essential creative outlet – give it a try - [mixcloud.com/matthew-checketts](https://www.mixcloud.com/matthew-checketts)



Catherine Jack



Catherine ventured north from sunny Cambridgeshire in February 1991 to start her nurse training in Edinburgh at the Western General ill-prepared for the cold, the homesickness, and the fact that people wouldn't understand her accent! After almost 30 years, she is still happily living in Scotland having ventured across the bridge to the Kingdom of Fife.

She is the Senior Charge Nurse in day surgery theatres at Queen Margaret Hospital in Dunfermline, responsible for eight theatres and almost 60 staff, across a range of specialities. She has an absolute desire to drive day surgery service forward in Fife and

aspire to be the leading hospital in Scotland for day surgery learning from colleagues south of the border.

Out with work she enjoys cycling (in the summer), walking her dog, Gordon and good food and wine – she hopes will be offset by the first two!!

Rachel Morris

Rachel is a Consultant Anaesthetist at the Norfolk and Norwich University Hospital. She graduated from St Mary's Hospital Medical School, Imperial College, London in 1995. Rachel started her career as a physician and after gaining the MRCP decided to train as an anaesthetist.

Rachel's clinical interest is gynaecology oncology anaesthesia, vascular anaesthesia, and of course ambulatory surgery.

Rachel has had a keen involvement with day surgery during her training and this is when she became a member of BADS. Since becoming a member, Rachel has attended BADS regularly and contributed to conferences and JODS. She has been the Clinical Lead for Day Surgery at NNUH for the last 3 years. She is looking forward to being a Council Member and will hopefully help advance Day Surgery at a local and National level.



