A Joint BADS & HCUK Conference

# Developing your Daycase General Surgery Service

Friday 4th December 2020

De Vere West One, London



## **Speakers include:**

**Dr Kim Russon** *President*British Association of Day

Surgery (BADS)

Mr Arin Saha
National Lead (SDEC)
The Surgical Ambulatory
Emergency Care Network

**Dr Ian Jackson**Consultant Anaesthetist

& Past President

British Association of Day Surgery







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# Developing your Daycase General Surgery Service

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Day surgery is now provided for an increasing range of procedures, in patients ranging from the very fit to the rather frail. It has become the standard of care for many elective surgery procedures and should be the default option for all 200 procedures within the BADS Directory of Procedures. We are currently experiencing exceptional times due to the impact of the Covid-19 pandemic. As planned surgery resumes performing as many procedures as possible as a day case has never been more important.

As the healthcare industry faces a cost predicament, it is incumbent upon healthcare professionals to identify and reduce unnecessary practices without worsening patient outcomes. A new procedure that creates both a reduction in cost and improved patient outcomes is desirable. Hospital stays after complex general surgery constitute a large percentage of the entire procedure's cost.

Currently, the average hospital length of stay (LOS) after a colectomy and fundoplication is 7 days to 10 days and 3 days respectively in the United Kingdom. However, a trend is emerging toward shorter LOS following colectomies and fundoplications by changing the perioperative procedures. The improvement of patient selection, preoperative optimisation and surgical advances have all contributed to a shorter LOS.

We shall hear about successful day case Laparoscopic Fundoplication and Laparoscopic cholecystectomy pathways.

Additionally, as the principles of ambulatory care are changing we have the National Lead for the Surgical Ambulatory Emergency Care Network and Chairman of the Surgical Same Day Emergency Care group, Mr Arin Saha, speaking on the RCS and NHS England 10 year plan and the minimum standards all acute units in England and Wales will be expected to achieve by March 2021 as well as the models of care around the country. This will include, but not limited to, information on requirements for staffing, consultant rotas and ways to optimise your service.

We will also hear about GIRFT data in the day case setting. The GIRFT programme has recognised the importance of day surgery. The GIRFT general surgery report acknowledges there are opportunities to learn from centres where the use of day case surgery for less complex procedures is most common. Within the Anaesthetic and Perioperative medicine work stream GIRFT look at procedures from the BADS Directory of procedures which appear to have wide variations in successful day case rates. By tackling variations in the way services are delivered across the NHS, and by sharing best practice between trusts, GIRFT identifies changes that will help improve care and patient outcomes, as well as delivering efficiencies such as the reduction of unnecessary procedures and cost savings.

There will be an opportunity for discussion with the speakers, experts from BADS and participants from across the UK which will be of interest to those with medical and nursing backgrounds.

Follow the conversation on twitter #BADSGeneralSurgery



#### 10.00 Chair's Introduction

Miss Vanessa Cubas BADS Council Member

#### 10.10 The day surgery pathway & patient selection

#### **Dr Kim Russon**

President

The British Association of Day Surgery (BADS)

- Key elements of a day surgery pathway
- Patient suitability for day surgery
- Planning for successful day surgery

#### 10.55 General Principles of Day Case Emergency General Surgery

#### **Professor Doug McWhinnie**

Consultant Vascular and General Surgeon Milton Keynes Hospital NHS Foundation Trust • Including the evolution of ambulatory general surgery

#### 11.15 Ambulatory Urgent Care - The Anaesthetic Perspective

#### **Dr Ian Jackson**

Consultant Anaesthetist & Past President

BADS and International Association of Ambulatory Surgery (IAAS)

- Processes and importance of anesthetic involvement
- How anaesthetists influence the pathway
- Successfully working models

#### 11.35 Question and answers, followed by tea & coffee at 11.55

#### 12.10 Emergency Surgery Ambulatory Care Pathways

#### Mr Paolo Sorelli

Consultant General and Colorectal Surgeon Lewisham and Greenwich NHS Trust

- Remodeling the way emergency surgery care is delivered
- Improving patient experience
- Maximising hospital and workforce resources

#### 12.40 Principles of Same Day Ambulatory care – the 10-year plan

#### Mr Arin Saha

Consultant Upper GI and Bariatric Surgeon Huddersfield Royal Infirmary

- A national overview of Ambulatory care in surgery from the National Lead for the Surgical Ambulatory Emergency Care Network and Chairman of the Surgical Same Day Emergency Care group
- The minimal standards to achieve by 2021
- $\bullet$  Models of care around the country as well as the Huddersfield experience

#### 13.10 Question and answers, followed by lunch at 13.20

#### 14.25 GIRFT - Get It Right First Time

Speaker to be confirmed

- General Surgery Day Cases
- Reducing complications that can lead to readmission

#### 14.55 Improving Day case Laparoscopic Cholecystectomy rates

#### **Mr David Bunting**

Consultant Upper GI Surgeon North Devon District Hospital

- Patient selection
- How to effectively establish a "Hot Gallbladder" Day Case list

#### 15.25 Question and answers, followed by tea & coffee at 15.40

### 15.55 Fundoplication and anti-reflux surgery

#### Mr Paul Super

Consultant Upper GI and Bariatric Surgeon Heart of England Foundation Trust

- How to successfully establish a Laparoscopic Fundoplication Day Case list
- Patient selection
- Practical tips and the Heart of England Foundation Trust experience

#### 16.25 Followed by discussion of other examples from the floor....

16.55 Question and answers, followed by close



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Date Friday 4th December 2020

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