

A Joint BADS & HCUK Conference

Day Surgery in Gynaecology

10% card payments discount*
15% Group booking discount**
25% discount for BADS members

Thursday 19 November 2020
Hybrid Conference

Virtual or On-site Attendance
De Vere West One, London



Chair and speakers include:

Dr Mary Stocker
*Past President BADS
Consultant Anaesthetist
Torbay & South Devon Healthcare Trust*

Mr Jonathan Hindley
*Consultant Gynaecologist
Torbay & South Devon
Healthcare Trust*

Mr Peter Scott
*Consultant Gynaecologist
University Hospital
Plymouth*

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This Hybrid Conference which allows both in person and virtual attendance, will include access to the virtual user friendly portal which will provide you with the full conference experience from your workplace or home. Conferences will also run on-site as well (subject to government approval) with full social distancing covid-19 safety measures in place, giving you the flexibility and choice to attend in whichever way you prefer. If venues cannot open the conference will go ahead in a fully virtual format.

The Virtual Portal (accessible to both onsite and virtual delegates) will include Live and pre-recorded sessions as per the onsite programme, supporting abstracts, resources and powerpoint presentations, Interactive Breakout groups, Live Q&A sessions and polls, Virtual networking with fellow delegates and speakers, a virtual exhibition where you can virtually meet sponsors and exhibitors, a secure server with password protected entry exclusively for attendees and CPD accreditation as per the onsite programme.

Day surgery is now provided for an increasing range of procedures, in patients ranging from the very fit to the rather frail. It has become the standard of care for many elective surgery procedures and should be the default option for all 200 procedures within the BADS Directory of Procedures.

As the healthcare industry faces a cost predicament, it is incumbent upon healthcare professionals to identify and reduce unnecessary practices without worsening patient outcomes. The majority patients would prefer to recover from their surgery in their home environment. This not only provides improved, comfort, sleep and catering but also reduces the risk of hospital acquired infections and VTE.

Gynaecology as a specialty has long been a front runner in reducing length of stay. However, there are only two trusts nationally who routinely undertake laparoscopic hysterectomies and vaginal repairs on a day case basis. Chaired by Mary Stocker, Consultant Anaesthetist, Torbay and South Devon NHS Foundation Trust & Past President, The British Association of Day Surgery, this conference will hear from the teams at these trusts and learn how they implemented their day case pathways, the key to their success and how any obstacles were overcome.

In addition to moving procedures from the inpatient to the day surgery arena, there is also a national drive to undertake appropriate procedures within an outpatient setting and as such completely avoid the requirements for an operating theatre episode. Once again gynaecology teams have driven this change and we will hear how embracing outpatient surgery can transform your gynaecology service and the patient's experience. There will be an opportunity for discussion with the speakers, experts from BADS and participants from across the UK which will be of interest to those with medical and nursing backgrounds.

Key Learning Objectives

- Key components of a Day Surgery Pathway
- Patient selection for Day Surgery
- How to develop a Day Surgical Gynaecological Service
- Managing complex patients on a day case basis
- How to move aspects of your service into an outpatient setting
- Managing emergency patients through an ambulatory pathway

09.45 Registration, Tea & Coffee / Online Networking

10.00 AM Chair's Welcome and Introduction:

Dr Mary Stocker *Past President BADS Consultant Anaesthetist Torbay & South Devon Healthcare Trust*

10.10 Optimising your Day Case Gynaecology Pathway

Dr Mary Stocker

Past President BADS

Consultant Anaesthetist Torbay & South Devon Healthcare Trust

- patient selection and suitability for day case surgery
- planning for successful day surgery
- developing your care pathway: what needs to be in place?

10.50 Day Case Laparoscopic Hysterectomies

Mr Jonathan Hindley

Consultant Gynaecologist

Torbay and South Devon NHS Foundation Trust

11.20 Question and answers, followed by tea & coffee break / Online Networking and Exhibition at 11.30

12.00 Vaginal Prolapse Surgery as a Day Case Surgery

Mr Naru Narayanan

Consultant Gynaecologist

Torbay and South Devon NHS Foundation Trust

- Booking and pre assessment process
- Surgery techniques
- Post op procedure

12.30 Practicalities of patient preparation and discharge

Sr Alex Alen

Senior Sister, Day Surgery

Torbay and South Devon NHS Foundation Trust

- The importance of pre assessment for day surgery patients
- Options for patient's that do not fit the day surgery criteria
- Ensuring a safe discharge for complex patients

12.50 Question and answers, followed by lunch break / Online Networking and Exhibition at 13.00

13.45 PM Chair's Introduction

Dr Stam Karavolos

Consultant Gynaecologist Royal Salford Hospital NHS Foundation Trust

13.50 Moving procedures down the intensity gradient into the outpatient clinic

Mr Peter Scott

Consultant Gynaecologist

University Hospital Plymouth

- Setting up an out patient hysteroscopy / menstrual disorders one stop service including nurse clinics
- Moving operative procedures to out patients including endometrial ablation with Novasure, polypectomies/ fibroid resection with Myosure and manual vacuum aspiration for miscarriages with good analgesia
- The coding challenges faced and resolved

14.20 Running a Day Surgery Gynaecology Service

Mr Anthony Sproston

Consultant Gynaecologist

Northumbria NHS Foundation Trust

15.00 Question and answers, followed by tea & coffee break / Online Networking and Exhibition at 15.10

15.30 Emergency Ambulatory Gynaecology

Dr Theresa Hinde

Consultant Anaesthetist

Torbay and South Devon NHS Foundation Trust

& Honorary Secretary The British Association of Day Surgery (BADS)

- Finding the time for urgent and emergency gynaecology cases
- Experience in developing an emergency ambulatory pathway
- Lessons learned

16.00 Monitoring your outcomes in Day Case Surgery

Dr Mary Stocker

Past President BADS

Consultant Anaesthetist Torbay & South Devon Healthcare Trust

- opportunities for benchmarking
- How monitoring your outcomes improves your service using the model hospital to learn from excellence

16.30 Questions and Answers followed by Close at 16.45

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8 Wilson Drive, Ottershaw, Surrey

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Surname

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Department

Organisation

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Postcode

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 Please also ensure you complete your full postal address details for our records.

Please specify any dietary or access requirements if attending onsite

This form must be signed by the delegate or an authorised person before we can accept the booking

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This conference is a hybrid conference, virtual or onsite attendance is optional and we are happy to be flexible and switch attendance on request up to one week before the conference. If the venue cannot open due to government restrictions the conference will proceed virtually.

For more information contact Healthcare Conferences UK on **01932 429933** or email **jayne@hc-uk.org.uk**

Venue

West One De Vere Conference Centre, 9-10 Portland Place, London, W1B 1PR. This conference will include access to the virtual user friendly portal which will provide you with the full experience from your workplace or home.

Date Thursday 19 November 2020

- VIRTUAL attendance
 ONSITE attendance

Conference Fee

- £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
 £300 + VAT (£360.00) for voluntary sector / charities.
 £495 + VAT (£594.00) for commercial organisations.
 £273.75 + VAT (£328.50) for BADS members.

Credit card Discount

*10% discount when you book via credit or debit card. This offer is exclusive to card bookings and cannot be used in conjunction with any other Healthcare Conferences UK offer.

****Group Rates**

A discount of 15% is available to all but the first delegate from the same organisation, booked at the same time, for the same conference.

Terms & Conditions

A refund, less a 20% administration fee, will be made if cancellations are received, in writing, at least 4 weeks before the conference. We regret that any cancellation after this cannot be refunded, and that refunds for failure to attend the conference cannot be made, but substitute delegates are welcome at any time.

Confirmation of Booking

All bookings will be confirmed by email, unless stated otherwise. Please contact us if you have not received confirmation 10 days after submitting your booking. The access code for the virtual portal will be sent in the week before the conference.

Exhibition

If you are interested in exhibiting at this event, please contact Carolyn Goodbody on 01932 429933, or email carolyn@hc-uk.org.uk

Credits

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