

A Joint BADS & HCUK Conference

Day Surgery in Gynaecology

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Thursday 19 November 2020 West One De Vere Conference Centre, London



Chair and speakers include:

Dr Mary Stocker

Past President BADS

Consultant Anaesthetist

Torbay & South Devon Healthcare Trust

Mr Jonathan Hindley

Consultant Gynaecologist

Torbay & South Devon

Healthcare Trust

Mr Peter Scott

Consultant Gynaecologist

University Hospital

Plymouth

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Day surgery is now provided for an increasing range of procedures, in patients ranging from the very fit to the rather frail. It has become the standard of care for many elective surgery procedures and should be the default option for all 200 procedures within the BADS Directory of Procedures.

As the healthcare industry faces a cost predicament, it is incumbent upon healthcare professionals to identify and reduce unnecessary practices without worsening patient outcomes. The majority patients would prefer to recover from their surgery in their home environment. This not only provides improved, comfort, sleep and catering but also reduces the risk of hospital acquired infections and VTE.

Gynaecology as a specialty has long been a front runner in reducing length of stay. However, there are only two trusts nationally who routinely undertake hysterectomies and vaginal repairs on a day case basis. Chaired by Mary Stocker, Consultant Anaesthetist, Torbay and South Devon NHS Foundation Trust & Past President, The British Association of Day Surgery, this conference will hear from the teams at these trusts and learn how they implemented their day case pathways, the key to their success and how any obstacles were overcome.

In addition to moving procedures from the inpatient to the day surgery arena, there is also a national drive to undertake appropriate procedures within an outpatient setting and as such completely avoid the requirements for an operating theatre episode. Once again gynaecology teams have driven this change and we will hear how embracing outpatient surgery can transform your gynaecology service and the patient's experience. There will be an opportunity for discussion with the speakers, experts from BADS and participants from across the UK which will be of interest to those with medical and nursing backgrounds.

Key Learning Objectives

- Key components of a Day Surgery Pathway
- Patient selection for Day Surgery
- How to develop a Day Surgical Gynaecological Service
- Managing complex patients on a day case basis
- How to move aspects of your service into an outpatient setting
- Managing emergency patients through an ambulatory pathway

10.00 AM Chair's Introduction

Dr Mary Stocker *Past President BADS*
Consultant Anaesthetist Torbay & South Devon Healthcare Trust

10.10 Optimising your Day Case Gynaecology Pathway

Dr Mary Stocker
Past President BADS
Consultant Anaesthetist Torbay & South Devon Healthcare Trust

- patient selection and suitability for day case surgery
- planning for successful day surgery
- developing your care pathway: what needs to be in place?

10.50 Day Case Laparoscopic Hysterectomies

Mr Jonathan Hindley
Consultant Gynaecologist
Torbay and South Devon NHS Foundation Trust

11.20 *Question and answers, followed by tea & coffee at 11.30*

12.00 Vaginal Prolapse Surgery as a Day Case Surgery

Mr Naru Narayanan
Consultant Gynaecologist
Torbay and South Devon NHS Foundation Trust

- Booking and pre assessment process
- Surgery techniques
- Post op procedure

12.30 Practicalities of patient preparation and discharge

Sr Alex Alen
Senior Sister, Day Surgery
Torbay and South Devon NHS Foundation Trust

- The importance of pre assessment for day surgery patients
- Options for patient's that do not fit the day surgery criteria
- Ensuring a safe discharge for complex patients

12.50 *Question and answers, followed by lunch at 13.00*

13.45 PM Chair's Introduction

Dr Stam Karavolos
Consultant Gynaecologist Royal Salford Hospital NHS Foundation Trust

13.50 Moving procedures down the intensity gradient into the outpatient clinic

Mr Peter Scott
Consultant Gynaecologist
University Hospital Plymouth

- Setting up an out patient hysteroscopy / menstrual disorders one stop service including nurse clinics
- Moving operative procedures to out patients including endometrial ablation with Novasure, polypectomies/ fibroid resection with Myosure and manual vacuum aspiration for miscarriages with good analgesia
- The coding challenges faced and resolved

14.20 Running a Day Surgery Gynaecology Service

Mr Anthony Sproston
Consultant Gynaecologist
Northumbria NHS Foundation Trust

15.00 *Question and answers, followed by tea & coffee at 15.10*

15.30 Emergency Ambulatory Gynaecology

Dr Theresa Hinde
Consultant Anaesthetist
Torbay and South Devon NHS Foundation Trust
& Honorary Secretary The British Association of Day Surgery (BADS)

- Finding the time for urgent and emergency gynaecology cases
- Experience in developing an emergency ambulatory pathway
- Lessons learned

16.00 Monitoring your outcomes in Day Case Surgery

Dr Mary Stocker
Past President BADS
Consultant Anaesthetist Torbay & South Devon Healthcare Trust

- opportunities for benchmarking
- How monitoring your outcomes improves your service using the model hospital to learn from excellence

16.30 *Questions and Answers followed by Close at 16.45*

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For more information contact Healthcare Conferences UK on **01932 429933** or email jayne@hc-uk.org.uk

Venue

West One De Vere Conference Centre, 9-10 Portland Place, London, W1B 1PR. A map of the venue will be sent with confirmation of your booking.

Date Thursday 19 November 2020

Conference Fee

- £200 + VAT (£240.00) EARLY BIRD RATE*
- £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
- £300 + VAT (£360.00) for voluntary sector / charities.
- £495 + VAT (£594.00) for commercial organisations.
- £273.75 + VAT (£328.50) for BADS members.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%. Early bird rate available until 1st May 2020.

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