

A Joint BADS & HCUK Conference

Day Case Major Knee Surgery

ACL reconstructions to Total Knee replacements

10% card payments discount*
15% group booking discount**
25% discount for BADS members

Monday 5 October 2020 De Vere W1 Conference Centre, London



Chair and speakers include:

Dr Kim Russon

*President BADS
Consultant Anaesthetist
Rotherham NHS
Foundation Trust*

Dr Mary Stocker

*Past President BADS
Consultant Anaesthetist
Torbay & South Devon
Healthcare Trust*

Mr Alex Anderson

*Consultant Orthopaedic
Surgeon Rotherham
NHS Foundation Trust*

Mr Mike Kent

*Consultant Orthopaedic
Surgeon Torbay & South
Devon NHS Trust*

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Day Case

Major Knee Surgery

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Day Case Anterior Cruciate Ligament Reconstruction Surgery and Uni-compartment Knee Replacement Surgery has been routine practice for over 10 years in some trusts. Building on this, leading units are now providing Total Hip and Knee Replacement Surgery on a day case basis. It has been proven to be safe, achievable and has been replicated across a number of trusts.

With increasing pressure on the NHS, the drive to reduce length of stay and deliver as much activity as possible on a day case basis is a key national priority. Day Case major joint replacement surgery is now routine practice in a number of units across the UK. However, there remains huge variation in day case orthopaedic surgery across the country with some units still struggling to deliver ACL reconstruction surgery as a day case, yet others consistently have rates approaching 100%

Come and learn how they did it, the obstacles they overcame and take the opportunity to transform your orthopaedic services.

National experts from the British Association of Day Surgery and leading Orthopaedic units will share experience including:

- How to develop a high-class day surgery service
- Analgesia for day case arthroplasty
- Use of short acting spinal anaesthesia for major orthopaedic day surgery procedures
- Pathways and protocols for day case arthroplasty
- Pitfalls to avoid and obstacles to overcome – how they did it

This conference will enable you to:

- Network with colleagues who are working to improve day surgery orthopaedic services
- Learn from outstanding practice in day surgery arthroplasty
- Reflect on national developments and learning
- Understand how you can improve your day surgery pathways
- Identify key strategies for implementation of a day surgery joint replacement service
- Ensure you are up to date with the latest national practice
- Self assess and reflect on your own practice
- Gain CPD accreditation points contributing to professional development and revalidation evidence

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10.00 AM Chair's Introduction

Dr Kim Russon *President The British Association of Day Surgery (BADS) & Consultant Anaesthetist Rotherham Foundation Trust Hospital*

10.15 Optimising your Day Case Pathway

Dr Mary Stocker
*Past President BADS
Consultant Anaesthetist Torbay & South Devon Healthcare Trust*

- Key elements of a day surgery pathway
- Patient suitability for day surgery
- Planning for successful day surgery

11.00 Default to Day Surgery for Anterior Cruciate Ligament Reconstruction & Uni-compartment Knee Replacement

Mr Alex Anderson *Consultant Orthopaedic Surgeon*
Dr Kim Russon *Consultant Anaesthetist & BADS President*
Kayleigh Wright *Specialist Physiotherapist, In-Patient Orthopaedics*
The Rotherham NHS Foundation Trust

- We will discuss how we achieved a 100% successful daycase discharge through our day surgery unit and the importance of:
- Multidisciplinary team engagement
 - Day case spinal anaesthesia
 - Using the day surgery unit

11.40 Question and answers, followed by tea & coffee at 11.50

12.15 Implementing Day Case Pathways for Major Knee Surgery: The Torbay Journey

Mr David Isaac *Consultant Orthopaedic Surgeon*
Mr Mike Kent *Consultant Orthopaedic Surgeon*
Dr Claire Blandford *Consultant Anaesthetist*
Torbay and South Devon NHS Foundation Trust
Milton Keynes

- Achieving consistent outcomes for ACL reconstructions & Unicompartmental Knee replacements : 9 years of experience
- Refining process, learning & transforming care: surgical and anaesthetic aspects of achieving day case TKRs
- Performance data and national perspective

13.00 Question and answers, followed by lunch at 13.10

14.00 PM Chair's Introduction

Dr Mary Stocker *Past President BADS
Consultant Anaesthetist Torbay & South Devon Healthcare Trust*

14.00 Ambulatory Knee Arthroplasty – Goals of the anaesthetist in managing post-operative pain

Dr David Johnson
Consultant Anaesthetist
Musgrave Park Hospital, Belfast

- Multimodal is our cornerstone for analgesia
- Adductor canal blocks - where do we stand now?
- iPACK versus periarticular infiltration

14.30 The golden combination of super-short acting spinal plus super-long acting Ipack block to deliver day case

Dr Robbie Erskine
Consultant Anaesthetist
University Hospitals of Derby and Burton NHS Foundation Trust

- Targeted daycase spinal anaesthesia dosage is key for early mobilisation
- Using iPACK block to aid daycase knee surgery
- The benefits of combination of targeted spinal anaesthesia and iPACK block

15.00 Question and answers, followed by tea & coffee at 15.10

15.30 Monitoring your outcomes in Day Case Knee Surgery

Dr Mary Stocker
*Past President BADS
Consultant Anaesthetist Torbay & South Devon Healthcare Trust*

- Value of data in motivating teams
- Sources of day surgery data
- Possible metrics to benchmark day surgery orthopaedic performance

16.00 Final Session to be announced

16.30 Questions and Answers followed by Close

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 Please also ensure you complete your full postal address details for our records.

Please specify any special dietary or access requirements

This form must be signed by the delegate or an authorised person before we can accept the booking

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Conference Documentation

I cannot attend the conference but would like to receive a PDF containing the conference handbook material, which includes speaker slides, at £49 each.

The PDF will be emailed out after the conference, please fill in the 'Your Details' section above, ensuring your email address is clear and the 'Payment' section..

For more information contact Healthcare Conferences UK on **01932 429933** or email **jayne@hc-uk.org.uk**

Venue
West One De Vere Conference Centre, 9-10 Portland Place, London, W1B 1PR. A map of the venue will be sent with confirmation of your booking.

Date Monday 5 October 2020

Conference Fee

- £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
- £300 + VAT (£360.00) for voluntary sector / charities.
- £495 + VAT (£594.00) for commercial organisations.
- £273.75 + VAT (£328.50) for BADS members.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

Data Protection - This booking represents a contract between Healthcare Conferences UK and yourself as a delegate at this event

The information provided will be held on the Healthcare Conference UK's database and may be used to update you with details of other events that we organise. If you DO NOT wish to receive this information, please tick this box

Credit card Discount

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****Group Rates**

A discount of 15% is available to all but the first delegate from the same organisation, booked at the same time, for the same conference.

Terms & Conditions

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We occasionally release your details to companies sponsoring or exhibiting at our events. If you DO NOT wish to receive information from these companies, please tick this box

Accommodation

On confirmation of your booking you will receive information for booking accommodation should you require it.

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Exhibition

If you are interested in exhibiting at this event, please contact Carolyn Goodbody on 01932 429933, or email carolyn@hc-uk.org.uk

Credits

CPD Certified. Recognised by the Good Governance Institute and British Association of Day Surgery. Conference Producer is a member of the Association for British Professional Conference Organisers.

