A Joint BADS & HCUK Conference

Day Case Major Knee Surgery

ACL reconstructions to Total Knee replacements

Thursday 30 April 2020 De Vere W1 Conference Centre, London



Chair and speakers include:

Dr Kim Russon President BADS Consultant Anaesthetist Consultant Anaesthetist Surgeon Rotherham **Rotherham NHS Foundation Trust**

Dr Mary Stocker Past President BADS Torbay & South Devon Healthcare Trust

Mr Alex Anderson Consultant Orthopaedic **NHS Foundation Trust**

Dr Robbie Erskine Consultant Anaesthetist University Hospitals of **Derby and Burton NHS FT**











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Day Case Anterior Cruciate Ligament Reconstruction Surgery and Uni-compartment Knee Replacement Surgery has been routine practice for over 10 years in some trusts. Building on this, leading units are now providing Total Hip and Knee Replacement Surgery on a day case basis. It has been proven to be safe, achievable and has been replicated across a number of trusts.

With increasing pressure on the NHS, the drive to reduce length of stay and deliver as much activity as possible on a day case basis is a key national priority. Day Case major joint replacement surgery is now routine practice in a number of units across the UK. However, there remains huge variation in day case orthopaedic surgery across the country with some units still struggling to deliver ACL reconstruction surgery as a day case, yet others consistently have rates approaching 100%

Come and learn how they did it, the obstacles they overcame and take the opportunity to transform your orthopaedic services.

National experts from the British Association of Day Surgery and leading Orthopaedic units will share experience including:

- How to develop a high-class day surgery service
- Analgesia for day case arthroplasty
- Use of short acting spinal anaesthesia for major orthopaedic day surgery procedures
- Pathways and protocols for day case arthroplasty
- Pitfalls to avoid and obstacles to overcome how they did it

This conference will enable you to:

- Network with colleagues who are working to improve day surgery orthopaedic services
- Learn from outstanding practice in day surgery arthroplasty
- Reflect on national developments and learning
- Understand how you can improve your day surgery pathways
- Identify key strategies for implementation of a day surgery joint replacement service
- Ensure you are up to date with the latest national practice
- Self assess and reflect on your own practice
- Gain CPD accreditation points contributing to professional development and revalidation evidence



10.00 **AM Chair's Introduction**

Dr Kim Russon President The British Association of Day Surgery (BADS)

& Consultant Anaesthetist Rotherham Foundation Trust Hospital

10.15 **Optimising your Day Case Pathway**

Dr Mary Stocker

Past President BADS

Consultant Anaesthetist Torbay & South Devon Healthcare Trust

- Kev elements of a day surgery pathway
- · Patient suitability for day surgery
- Planning for successful day surgery

11.00 Default to Day Surgery for Anterior Cruciate Ligament Reconstruction & Uni-compartment Knee Replacement

Mr Alex Anderson Consultant Orthopaedic Surgeon

Dr Kim Russon Consultant Anaesthetist & BADS President

Kayleigh Wright Specialist Physiotherapist, In-Patient Orthopaedics

The Rotherham NHS Foundation Trust

We will discuss how we achieved a 100% successful daycase discharge through our day surgery unit and the importance of:

- Multidisciplinary team engagement
- Day case spinal anaesthesia
- Using the day surgery unit

11.40 Question and answers, followed by tea & coffee at 11.50

12.15 Implementing Day Case Pathways for Major Knee Surgery: The Torbay Journey

Mr David Isaac Consultant Orthopaedic Surgeon

Dr Claire Blandford Consultant Anaesthetist

Mr Mike Kent Cnonsultant Orthopaedic Surgeon Torbay and South Devon NHS Foundation Trust

- Achieving consistent outcomes for ACL reconstructions & Unicompartmental Knee replacements: 9 years of experience
- Refining process, learning & transforming care: surgical and anaesthetic aspects of achieving day case TKRs
- Performance data and national perspective

13.00 Question and answers, followed by lunch at 13.10

PM Chair's Introduction 14.00

Dr Mary Stocker Past President BADS

Consultant Anaesthetist Torbay & South Devon Healthcare Trust

14.00 Ambulatory Knee Arthroplasty – Goals of the anaesthetist in managing post-operative pain

Dr David Johnson

Consultant Anaesthetist

Musgrave Park Hospital, Belfast

- Multimodal is our cornerstone for analgesia
- Adductor canal blocks where do we stand now?
- iPACK versus periarticular infiltration

The golden combination of super-short acting spinal plus super-long acting Ipack block to deliver day 14.30 case

Dr Robbie Erskine

Consultant Anaesthetist

University Hospitals of Derby and Burton NHS FT

- Targeted daycase spinal anaesthesia dosage is key for early mobilisation
- Using iPACK block to aid daycase knee surgery
- The benefits of combination of targeted spinal anaesthesia and iPACK block

15.00 Question and answers, followed by tea & coffee at 15.10

Monitoring your outcomes in Day Case Knee Surgery

Dr Mary Stocker

Past President BADS

Consultant Anaesthetist Torbay & South Devon Healthcare Trust

- · Value of data in motivating teams
- Sources of day surgery data
- Possible metrics to benchmark day surgery orthopaedic performance

16.00 **Going Digital with Day Case Total Knee Replacements**

Mr Graham Walsh

Consultant Orthopaedic Surgeon & CCIO

Dr Nisha Bhuskute

Consultant Angesthetist

Calderdale & Huddersfield NHS Foundation Trust

- Innovation & transformation in improving care for major arthroplasty patients
- Role of technology in enhancing delivery of day case knee replacement pathway • Share our experience in delivering successful day case knee replacement pathway

16 30 Questions and Answers followed by Close

Day Case Major Knee Surgery ACL reconstructions to Total Knee replacements Thursday 30 April 2020, West One De Vere, London

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West One De Vere Conference Centre, 9-10 Portland Place, London, W1B 1PR. A map of the venue will be sent with confirmation of your booking.

Date Thursday 30 April 2020

Conference Fee

- £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
 £300 + VAT (£360.00) for voluntary sector / charities.
- £495 + VAT (£594.00) for commercial organisations.
 £273.75 + VAT (£328.50) for BADS members.
- The fee includes lunch refreshments and a convert the

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

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